Photosensitizers for photodynamic therapy: from photophysics to assisted delivery.

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Theoretical studies have been employed in photodynamic therapy to predict and understand the optical and photophysical properties of photosensitizers. This is particularly helpful, when a new class of compounds is considered as photosensitive drug, such as BODIPYs. Insights on the deactivation mechanism, upon radiation, could suggest substitution patterns to enhance their efficacy as photosensitizers. [1] The overall efficacy of the treatment, though, is not only due to the light-response of the drug, but arise from the effectiveness of the different stages represented in Figure 1.

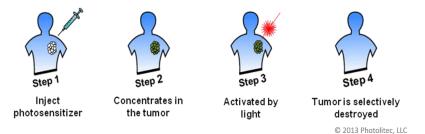


Figure 1. Schematic representation of photodynamic therapy treatment stages.

The hydrophobicity of porphyrin derivative photosensitizers, such as Temoporfin, prevents an easy administration of the drug. This problem has been addressed engaging nano-carriers, such as liposomes, for an assisted delivery. Calorimetric measurements showed that the thermal stability of the liposome is enhanced when the photosensitizer is embedded inside it. [2] In order to explain this behaviour, all-atom classical molecular dynamics simulations have been performed. Specifically, the disaggregation process of the drug/bilayer structure induced by high temperatures has been modelled. These challenging simulations, which involve half a million of atoms and simulation times of hundreds of nanoseconds, are feasible thanks to the use of GPU-based hardware. Understanding the nature of the interactions responsible for the altered stability of the carrier, when loaded with the drug, is expected to help formulating improved nano-carriers for extremely hydrophobic drugs.

References

[1] M. De Vetta, L. González, I. Corral, in preparation, (2017).

[2] N. Dragicevic-Curic, M. Friedrich, S.Petersen, D. Scheglmann, D. Douroumis, W. Plass, A. Fahr, *International Journal of Pharmaceutics*, **412** (2011), 85-94.